Katie Ritter and Adam Peterson were each presented with the Dorey Cup on June 12, 2010 at the Final Assembly. This honor is bestowed annually upon one male and one female student in grade 11 for overall athletic ability, leadership, scholarship and moral integrity. Congratulations!

Congratulations to MUHS math teacher, Lisa O’Connor, as the ACSU Outstanding Secondary Teacher of the Year, sponsored by the University of Vermont. Lisa was nominated by members of the school community for excellence in teaching, professional knowledge, colleagueship, advocacy and commitment to youth.

September Calendar of Events

10 – Picture Day

15 – Open House
   6:45-8:40p.m.
   5:45p.m. Grade 9 Parents Cookout - Commons
   6:00p.m. Grade 12 Parents Mtg. – Auditorium

20-25 – MUHS Spirit Week
25 – Homecoming Dance

29 - Grade 9 Day at Bread Loaf
Student Senate President Angela Brisson led the students and faculty in the Pledge of Allegiance. Angela wished the ninth graders a fun and smooth transition to the high school. She welcomed all the students, including the three international students; Ahrim Kim from South Korea, Timo Krekel from Germany and Arce Fabrizio from Argentina, recognizing the challenge that it takes “to leave one’s country.” Angela asked all the students to think about something that “you are passionate about.” She challenged the students to “find something that makes your world spin at MUHS and get involved.”

Principal Lawson welcomed all the students, introduced new staff members and congratulated Lisa O’Connor, Teacher of the Year. He stressed the importance of respect for each other and the building.

For many “it is the beginning of your high school journey, for others, you are approaching the finish line, planning for your future. As you begin this year, I urge you to take full advantage and responsibility for the opportunities and supports that are available. The road to success consists of planning, working hard, becoming involved in athletics/activities and other interests, seeking help when needed and challenging yourself to get the most out of your high school opportunity.”

Have a successful year and work hard!

NEW FACES AT MUHS

It is our pleasure to welcome the following new members of our school community:

Howard Giles – Substitute School Counselor
Ashlie Yates – English Teacher
Steve Colangeli – Alt Ed Teacher
Drew Whitney – Alt. Ed Program Assistant
Mac Cox, Theodore Otis, Steve Wack - Instructional Assistants
William Jerome, Allen Pulsifer, Sandy Kemp, Michael Thomas - Custodians
More than 30 teachers devoted time this summer to working on twenty-six projects involving curriculum renewal and developing an Action Plan for the 2010-2011 school year. Highlights of some of the projects are as follows:

On July 26th, 27th and 28th four teachers met with Joyce Stone, Educational Consultant and Differentiated Instruction Specialist, to work on individual projects for the 2010-2011 school year. Karen Greene, Gayle Weiss, Tara Martin and Carl Engvall used this one-on-one time with Joyce, to develop student-centered activities and assessments for their classes based on the differentiated instruction research of Carol Ann Tomlinson. All of the teachers hope to implement the newly created materials this school year.

The social studies and English departments worked over the summer to create authentic formative assessments in the design of the New England Common Assessment (NECAP). The Procedural and Expressive/Reflective writing formats along with the Reading Comprehension layout were used to create content focused exercises. These activities will be used in social studies and English classes throughout the school year in ninth, tenth and eleventh grades. Students should feel comfortable with the format of the NECAP Writing and Reading components of the assessment by the time they experience it during the fall of eleventh grade.

Jeff Clark led a class on mindfulness for several faculty members in July. Mindfulness refers to being completely in touch with and aware of the present moment, without judgment. In schools, mindfulness can help promote focus, creativity and calmness, for both students and faculty. Many schools are exploring how mindfulness can be promoted throughout the school day. The summer workshop gave participants the opportunity to try different techniques. They were also able to research and discuss mindfulness concepts and activities relevant to their practice as teachers or to their lives outside of school. The group practiced mindful eating, and also tried different types of meditation, including walking meditation. The group hopes to continue their exploration throughout the school year.

The Alternative Education faculty spent several days this summer revamping the curriculum to try and find ways to better engage students. Joyce Stone, former Colchester High School principal, consulted with the Alternative Education team and helped develop interdisciplinary units with a different theme for each quarter. Much of the summer work revolved around the concept of differentiated instruction which involves providing students with different avenues to acquiring content; to processing, constructing, or making sense of ideas; and to developing teaching materials so that all students within a classroom can learn. The Alternative Education faculty and staff look forward to implementing these ideas in the upcoming school year.
MUHS Summer School 2010

MUHS was busy this past summer with a large number of students taking part in Summer School. This program provides a great opportunity for students to improve on their previous school year performance. Students can enroll in a world history, math, science, or English class assuming they had completed the course during the 2009-2010 school year. Only certain classes in each content area are offered each summer. This is a remedial/supplementary program and is offered to all students who earn a C- or lower during the regular school year.

Fifty-one MUHS students attended Summer School 2010. This was the largest group ever in the nine years the program has been offered. The Summer School faculty included Mr. Hurlburt (science), Ms. Reigle (math), Mr. Calzini (English), and Mr. Clark (world history); the director was Cindy Atkins. Of the fifty-one students, forty-six of them successfully completed the classes they were enrolled in, and therefore, earned MUHS credit (or improved their previous grade). Three of the students who successfully completed their course work also received their graduation diplomas and are officially part of the 2009-2010 graduating class.

MUHS MATH DEPARTMENT

Problem-Solving Problem-Solving (not a typo)

The math department implemented problem-solving practice in most classes offered this school year. This expanded a problem-solving practice that was started by teachers Michele Magnano and Lisa O'Connor in their Algebra II classes three years ago. Since that time, other teachers have used similar methods in other classes. This practice has students periodically work on problems unrelated to the current material being studied in class. The intention is to keep students fluent in strands of math they may not be studying. The goal of this work is to promote student performance on mathematical tasks that they confront as they go from class to class or in standardized tests as they prepare for education after high school.

The teachers developed questions based on the class that would use them; taking into account the prerequisite learning for that class and the most likely standardized test those students might face in the future. The questions are often word problems, may take multiple steps to solve, and require students to support their answers with mathematical writing.

Students that need Recommendations for College

Students who may need a math teacher's recommendation are asked to please talk to those teachers long before any deadlines. Students are invited to talk with teachers about their plans and any specific information that should be considered as the recommendation is written. Make sure to follow up a request with a second visit to provide any needed forms, envelopes, or deadline information.
In August, MUHS Peer Leaders prepared to welcome in the class of 2014. On August 31st, Peer Leaders hosted a morning for all incoming 9th graders. Peer Leaders assisted in orienting the 9th graders to the school and their new academic schedules. Following morning activities, several Peer Leaders joined the guidance department for a New Student Lunch Orientation. Peer Leaders helped to welcome students new to the MUHS school district.

Peer Leaders will be co-hosting the 9th Grade Parent BBQ during the evening of the MUHS Open House. Dinner will be followed by a presentation by Dr. Breena Holmes discussing adolescent strengths and resiliency and ways in which parents can facilitate transitions for their 9th graders.

On September 29th, MUHS Peer Leaders are looking forward to hosting the annual 9th Grade Day at Bread Loaf. They are planning a day in the mountains that will be filled with fun activities and team building.

Also this semester, the MUHS Prevention team will be offering individual support services, friendship groups, grief & loss group, as well as continuing the MUHS bullying prevention program: Take a Stand!. Please feel free to call Brooke Jette with any questions regarding ongoing activities.

Prevention

Welcome
Parents of the Class of 2014!

Be Our Guest for the 9th Grade Parent Cookout

Presentation by Dr. Breena Holmes
“Adolescent Strengths & Resiliency”
Learn more about what your 9th Grader will need this year.

Date: September 15, 2010, 5:45-6:45 p.m.
Place: MUHS Commons
Open House follows at 6:45 p.m.
Dear Senior Parents,

As in previous years, we are offering parents of graduating seniors the opportunity to purchase ads celebrating their son or daughter’s graduation. The yearbook will still be all color and the price of the ad is still $50 for 1/6th of a page. If you would like a bigger ad please contact me about dimensions and price. These ads need to be square and no bigger than 7” x 7”. They will then be fit to the 1/6th size on the page. They are due by November 23rd.

Past ads have included pictures of your respective senior as a young child, participating in a sport, includes family or friends, or have all of these ideas incorporated in the ad. Please paste your pictures and text on a backing that fits the given parameters and shown below. We do accept digital copies, either e-mailed or on disk as a JPEG file. If you would like your square returned at the end of the year please put a return address on the back of the square.

Please make checks payable to “MUHS Yearbook” and sent with the ad to the above address. We appreciate your support of the Quatrain and the graduating class of 2011. Please call Mr. Ottinger at 382-1039 or email (mottinger@addisoncentralsu.org) if there are any questions. Please feel free to contact me with a follow-up to make sure that I have received your ad.

Sincerely,

Yearbook Staff

All Parent ads need to be square. These are suggested dimensions but can be as large as 7”x7”, but will be shrunk down by us.
Guidance News

Upcoming Junior/Senior Events

College Fair:

This year, the college fair will be held at St. Michael’s College. Representatives from over two hundred colleges will be on hand to talk with students on the evening of Wednesday, September 15th from 6-9pm and during the morning of Thursday, September 16th from 9-11:30am. The guidance office has reserved 2 buses on the 16th to bring students to the fair. In addition to meeting with representatives, an admission counselor from St. Michael’s will speak with students about the admission process. Finally, we will finish our visit by literally getting a “taste” of college life by eating lunch in the college cafeteria.

Junior /Senior Parent Night

A Junior/Senior parent night will be held from 7:00 pm – 8:30 pm in the MUHS auditorium on Thursday, October 7th. Jerry Fanagan, Vice President of Enrollment and Planning at St. Michael’s College will be discussing the college selection and application process. Guidance counselors will also be on hand to discuss resources and procedures in the guidance office for college planning.

PSAT

The PSAT is the practice or preliminary test for the SAT. The test is also the entrance test for the National Merit Scholarship program for juniors. This year, the PSAT will be given at Middlebury Union High School on Saturday, October, 16th. To sign up, students will need to bring a check payable to MUHS for $13.00 to the guidance office. We encourage all students considering attending college to take this test. Fee waivers are available. Please see your guidance counselor for more information.

SAT

The first SAT of the year is scheduled for October 9th. The regular registration deadline is September 9th. Late registration deadline is September 22nd.
The fall sports season is well under way at MUHS; two hundred and thirty student athletes have been training for several weeks. We hope you’ll help us kick off the season by attending our opening games:

Field Hockey vs. South Burlington  
Friday September 10th at 4:00p.m.  Jette Field

Girls’ Soccer vs. Vergennes  
Tuesday September 14th at 4:30p.m. Creek Road Fields

J.V. Football vs. Colchester  
Monday September 13th at 6:00p.m.  Doc Collins Field

Varsity Football vs. Mt. Mansfield  
Friday September 17th at 7:00p.m.  Doc Collins Field

X-Country vs. CVU & Mt. Abraham  
Tuesday September 21st at 4:00p.m. at MUHS

9th Grade Football vs. Mt. Abraham  
Tuesday September 21st at 6:00p.m. Doc Collins Field

Athletics and Activities

MUHS ACTIVITIES

Arabic: Advisor: Michele Forman; Contact Number: 382-1111  Meetings: Wednesday, Thursdays, & Fridays from 7:45a.m. – 8:25a.m. in D-102

Calliope: Literary Magazine  Advisor: Karen Greene; Contact Number: 382-1171  Meetings: Thursdays 3:05p.m. - 4:00p.m. in E-101

GAIGHT: Gay Straight Alliance  Advisor: Susan Arenson; Contact Number: 382-1115  Meetings are Tuesdays at 3:15p.m. in D-106

Model United Nations: Advisor: Tara Martin; Contact Number: 382-1113  Meetings are Mondays from 3:15p.m. - 4:30p.m. in D-104

Outing Club / Rowing Club  Advisor: Deb Koretz; Contact Number: 382-1124  Meetings are Wednesday mornings at 8:05a.m. in H-204

Photo Club: Advisor: Al Calzini; Contact Number: 382-1711  Meetings are held on Thursdays at 3 - 4:00p.m. in B-Lab

SCOHR: (Human Rights Group)  Advisors: Gayle Weiss & Larry O’Connor; Contact Numbers: 382-1125 & 382-1780  Meetings are Thursday’s at 3:00 p.m. in H-205

Scholars’ Bowl: Advisors: Perry Lessing & Keith Shafer; Contact Numbers: 382-1140 & 382-1137  Meetings( Practices) TBA

Stage Management: Advisor: Tim O’Leary; Contact Number: 382-1177
Beginning this fall all contact and collision sport athletes will undergo a new neurocognitive assessment called ImPACT (Immediate Post-Concussion and Cognitive Testing). ImPACT is a Web-based testing tool that many high schools, colleges, and professional teams use for both baseline and post-injury assessments. The University of Vermont, the Vermont State Colleges, Middlebury College, and several other high schools in our state currently use the ImPACT system.

A student athlete who sustains a concussion will be able to bring both his/her baseline test results and post-injury results to their physician for evaluation. The ImPACT test is a helpful tool when combined with a thorough clinical assessment and will help us keep our student athletes safe. If you are interested in learning more please visit the company’s website at www.impacttest.com.

You can help prevent your child from using alcohol.
It’s never too early or too late to change how your child feels about alcohol. With tools and resources, parentupvt.org can help parents talk to their children about the dangers of underage drinking and refuse to provide alcohol to minors.

Is your teen drinking? Learn the warning Signs.
I know my teen is drinking. Get help.
Protect yourself & your kids. Know the law.

It’s easy & informative. Just go to www.parentupvt.org & find the answers you’ve been looking for.

This message is brought to you by:
Addison County Prevention Partnership & VT Dept of Health