2011 Winter Carnival a Success!
Penny Wars between classes raises over $2,300 for Project Hope Food Shelf!

The Winter Carnival was held during the week of January 31, 2011 – February 4, 2011. Events included; dress-up days, talent show, motivational speaker, baking contest and a final basketball competition between classes. The Winter Ball has been postponed until Saturday, March 5, 2011 from 8:00-11:00p.m. The Class of 2011 won the trophy this year, followed by the Class of 2012, the Class of 2013 and the Class of 2014. (for photos and stories, see pages 3,4,5)

UPCOMING EVENTS

Parent Conferences

Thursday, March 10 - 4:00-8:00 p.m.
Friday, March 11 - 8:30 a.m.-12:30 p.m.
Call Julie Dodson at 382-1107 to schedule a conference.

Middlebury's 3rd Annual Winter Carnival and Chili Festival

Saturday, March 12th, 2-4 PM in Downtown Middlebury
Sponsored by the Better Middlebury Partnership
HERE ARE SOME EXCELLENT WEB SITES TO KEEP UP YOUR LANGUAGE SKILLS IF YOU ARE NOT IN A LANGUAGE CLASS THIS SEMESTER OR TO COMPLEMENT AND HONE THE SKILLS YOU ARE GETTING IN THE CLASSROOM. Many but not all of these sites offer both Spanish and French. If French or France is in the address go back to the page address to see if Spanish is available or type Spanish instead of French.

- http://zutjunior.languageskills.co.uk This Web site needs a username and password during the school day; see Mme Fitzpatrick. It is available evenings and weekends. Start with year 7, 8, 9. A lot of good listening comprehension exercises and vocabulary review. Not all activities work. Lots do.
- http://langmedia.fivecolleges.edu/collection/lm_france/frindex.html
- http://french.about.com/od/listening/a/toplistening.htm
- www.bbc.co.uk/languages/french/mafrance/ (BBC has Spanish!)
- www.didieraccord.com (click on "Accord niveau 1 ENTREZ"
- http://www.ccsf.edu.Departments/languages_Center/frlinks.htm
- http://www.tapis.com.au/studentbook1/ (in units click on "situations" for listening comprehension. Do all units 1-16 also do Grammaire activities. The "liens" (links) on the left hand margin has interesting cultural information.
- http://www.utm.edu/departments/french/ (many links about all things French)
- http://www.laits.utexas.edu/tex/gr/overview.html
- www.lepointdifle.net/chansons.htm lots of songs some with activities.
- www.enchantedlearning.com/themes/spanish/shtml/ (SPANISH!)

Enjoy! Let us know what you find!

* * * * * * * *

PREVENTION NEWS

MUHS will be introducing a new after school activity in February called Field and Stream. The focus of this group will be on all kinds of hunting and fishing topics by Vermont’s own area experts! Some of the activities planned include; learning how to tan hides, ice fishing, meeting your local fish and game warden to learn more about local species, hunting and fishing regulations, working dogs for rabbit, bear or bird hunting, and “opener season information.” Field and Stream will meet twice a month directly after school. There may be weekend opportunities such as hunter safety and trapping certification.

Peer Leaders

Also in February, Juniors may apply to be MUHS Peer Leaders. Approximately 40 Juniors will be selected by the end of February to the beginning of March.
It was Flannel/Camo Day, as twelve acts performed at the Winter Carnival, sponsored by the Student Senate on Tuesday, February 1, 2010. Middlebury Glee performed; Emily Byers played “Uncharted” on the piano; Nina Edson and Moriah Comeau sang “My Oh My” accompanied by Bjarki Sears; Will McCartney and Brady Winslow played “Marty Bum.”

That was the message that motivational speaker, Ed Gerety left with an enthusiastic student body at MUHS on Friday, February 4, 2011. He was a student athlete and a leader in his class, which led to becoming one of the first inductees in the High School Hall of Fame. While attending the University of New Hampshire, Ed began to volunteer and speak at different schools and youth leadership conferences. After graduating with a degree in communications, he established Gerety Presentations and has since spoken to audiences in all 50 states, Canada, and Europe. He has also completed the Boston Marathon three times.

Ed used humor and his own personal experiences to convey the idea of growing and working together to make everyone strong and to reach his/their full potential. “If you had one hour to live, who would you call and what would you say?” was a question he posed to the audience. Enlisting the support of a student volunteer, who came up on stage and called his mother to say, “I love you,” illustrated the importance of waiting until it is too late to tell others how you feel. It is the three most powerful words, however the three most courageous words are, “I am sorry.”

Ed connected with the MUHS audience by utilizing interactive techniques, as he introduced the challenges students face in school and life. The power of choice is important, because some choices “last forever. Choose to slow down, who you get in a car with and relationships. We have the freedom to choose, but not the freedom to choose the consequences.” Messages and texts on phones and sites like Facebook have the power to last a long time. There is a false belief that tearing someone else down will build you up. “Do not sell yourself out when you are with others.” You never know the circumstances others face.

Ed utilized audience participation of power claps and Hoo-Rahs throughout his presentation, to engage the students.

He encouraged students to practice random acts of kindness. “It starts with one person and it starts with you.”

Ed Gerety closed the presentation by having the audience create the sounds of a rainforest, by working together to achieve this effect.
ATTENTION STUDENT ATHLETES!

The medical clearance policy for MUHS athletics requires each student athlete to have a sports physical or wellness exam by a physician every two years. That record must be on file in the school nurse’s office. Please check with Sarah Johnstone, the school’s athletic trainer, to be sure that your information is up to date. If you are planning to play a spring sport and know that you need a sports physical, please schedule your appointment now. You may deliver proof of sports physical to the school nurse’s office or have your doctor’s office fax proof of physical exam to MUHS (fax # 382-1101).

The Senior Play will be March 11, 12, 13. This year’s play will be Oliver.
Upcoming sports for winter season.

There are no tournament games to post as of yet.

<table>
<thead>
<tr>
<th>Start Date</th>
<th>Sport</th>
<th>Opponents/Title</th>
<th>H/A</th>
<th>Start Time</th>
</tr>
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<tbody>
<tr>
<td>2/15/2011</td>
<td>JV/V Boys' Basketball</td>
<td>Milton</td>
<td>H</td>
<td>5:30/7:00 PM</td>
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<tr>
<td>2/15/2011</td>
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<td>H</td>
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<td>2/16/2011</td>
<td>JV/V Girls' Basketball</td>
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<td>2/17/2011</td>
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<td>5:30/7:00 PM</td>
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<tr>
<td>2/18/2011</td>
<td>JV/V Girls' Basketball</td>
<td>Vergennes</td>
<td>A</td>
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<tr>
<td>2/19/2011</td>
<td>JV Wrestling</td>
<td>JV States @ Spaulding</td>
<td>A</td>
<td>Time: TBD</td>
</tr>
<tr>
<td>2/19/2011</td>
<td>Dance</td>
<td>State Competition</td>
<td>A</td>
<td>Time: TBD</td>
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<tr>
<td>2/19/2011</td>
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<td>Stowe</td>
<td>A</td>
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<tr>
<td>2/19/2011</td>
<td>Gymnastics</td>
<td>State Championships</td>
<td>A</td>
<td>2:00 PM</td>
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<tr>
<td>2/19/2011</td>
<td>Boys' Ice Hockey</td>
<td>Mt. Mansfield</td>
<td>A</td>
<td>7:00 PM</td>
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<td>2/21/2011</td>
<td>JV/V Boys' Basketball</td>
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<td>Boys’ Ice Hockey</td>
<td>St Johnsbury</td>
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<td>2/22/2011</td>
<td>JV/V Girls' Basketball</td>
<td>Missisquoi</td>
<td>A</td>
<td>6/7:30 PM</td>
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<tr>
<td>2/23/2011</td>
<td>JV/V Boys' Basketball</td>
<td>Mount Abraham</td>
<td>A</td>
<td>6:00/7:00</td>
</tr>
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<td>2/23/2011</td>
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<td>Northfield</td>
<td>H</td>
<td>7:00 PM</td>
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<td>Woodstock</td>
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<td>6:00/7:00</td>
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<td>Alpine</td>
<td>Girls’ States @ Burke</td>
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<td>A</td>
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</tr>
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</table>

Spring sports will begin March 21, 2011. Check out viewmyschedule.com for the practice schedule.
Seventeen Middlebury Union High School students are planning to attend the 6th annual Dartmouth College Model United Nations conference being held in Hanover, New Hampshire from April 1st to the 3rd. Last year, a smaller delegation from Middlebury attended this conference and had a wonderful experience. This year’s delegation will be assigned a country that they will research. Each MUHS student will be assigned to a different committee based upon interest and experience. Students will research the various discussion topics and prepare a brief position paper on their topic. Students look forward to debating and discussing pertinent world issues with approximately 300 students from across the United States of America.

Model United Nations is always looking for new members. We meet each Monday morning from 7:45 to 8:25 a.m. and each Monday afternoon from 3:15 to 4:00 p.m. Those interested should see Mrs. Martin in D-104.

Over the course of the next two months, school counselors will be meeting with students to make preliminary course selections for the 2011-2012 school year. We hope parents will take some time prior to their sons/daughters scheduled meetings to review potential courses. Information regarding all courses offered at our school is listed in our Course Description Catalog. Catalogs were distributed to all students in advisories. In addition, the 2011-2012 Course Description Catalog is available online at the MUHS Web site:


**Registration Timeline:**

- Jan. 31st - Feb. 11th: Currents 11th graders
- Feb. 14th - Feb. 18th: Current 8th graders
- Feb. 28th - Mar. 10th: Current 10th graders
- Mar. 14th - Mar. 22nd: Current 9th graders
These are some excerpts from the Annual Calendar issue of the MUHS literary magazine, Calliope.

Desert

It’s not a stretch to say that this horizon is indivisible, an unsacred union between brazen sky and cracked earth flesh. Only here does solitude seem no longer a pleasure. Only this devastatingly open expanse of world, where nothing occupies the space of another, where everything is together, but alone. Its shattered, dredge-colored limitless fantasy spreads, and the sun, how it glitters. A futile beauty disguised by its heartless rays that penetrate every core, every marrow of existence in its wake. The life that tries to be becomes just a skeleton, barely out of the womb of Earth’s echoing belly, spit out onto these dusty shores, where an ocean of grit and sinew meets its lover, just another. With no escape from the sly fire, I need a shadow to enclose me, hide me from this adult life that demands knowledge and perpetual wise thoughts, when all I want, all I need is a pure childhood. Purity cannot be evoked from this sacrificial expanse that is my decaying time here.

~Rachel Getz

Safety in the Digital Age

On Thursday January 27, about 30 parents and a few brave students took the time to attend our speakers’ panel on the issue of “Sexting.” Our presenters from the Orange County Sheriff’s Department, Prevent Child Abuse Vermont and the Stafford Technical Center chapter of SADD (Students Against Destructive Decisions) were highly informative.

We learned what the VT law is regarding sexting and minors and some of the factors that are considered on a case by case basis. Our presenters recommended how to respond constructively to reports of sexting and when law enforcement might need to become involved.

We’d like to thank everyone who participated, and welcome any feedback you have regarding the event. Please let us know if you are interested in more information on this topic and if future events of this type would be useful to you, by contacting Brooke Jette at 382-1726 or Leila McVeigh at 382-1188.
Drop-in hours this winter:
Monday, Tuesday, Thursday: 3 – 6 PM
Wednesday and Friday: 3 – 7 PM

ACT provides a teen center and after-school alternatives, which are welcoming, safe, and fun for all teenagers in the community. Teens have a place to hang out together and opportunities to plan, execute and enjoy programs, activities, special events and community service.

The “94 Main” teen center will be open during February vacation on Monday & Tuesday, 2 PM to 6 PM and Wednesday from 2 PM to 7 PM. We will be closed on Thursday, 2/24/2011 and Friday, 2/25/2011.

Upcoming events:

Every Wednesday 4 PM to 5:30 PM (pizza at 5 PM): Youth Advisory Council (YAC) meeting. “DREAM - ACT - DO” is the motto of our YAC meetings. Teens decide what they want to see happening at 94 Main and they plan and implement their programs and activities.

Friday, February 11, 2011 - 4 PM to 9 PM: “Tibetan Dinner and a Movie: come and join Tenzin Chopel, senior, and Kate Tilton cook Momo’s, authentic Tibetan dumplings. We will learn about Tibetan culture and watch a movie. Everyone interested in learning how to prepare a real Tibetan meal should come at 4 PM, to 94 Main, located in the basement of the Middlebury Municipal Building.

Saturday, February 19, 2011 – 8 PM to 10 PM: DJ SKATE NIGHT
Co-sponsored by FRIENDS OF MIDDLEBURY HOCKEY AND ADDISON CENTRAL TEENS
Enjoy classic roller rink style skating on the ice at the Memorial Sports Center, 296 Buttolph Drive, Middlebury. All ages and abilities welcome - $5 adult - $3 student.

Tuesday, February 22, 2011 – 5 PM to 7 PM: “Foam Sword Battle” - Come to 94 Main (your teen center) during drop-in hours on any given week day and make your own foam weapon to “do battle,” either individually or in teams in the Middlebury Municipal Gym.

Friday, March 4, 2011- 8 PM to 11 PM: Mardi Gras Masquerade Dance at the VFW on 530 Exchange Street in Middlebury.
Dress up in your favorite costume and dance the night away to the music of DJ Dizzle and his crew. We are selling original beads from New Orleans, giving out prizes for best costumes and refreshments available throughout the evening. Stay tuned for more information soon.

Saturday, March 12 and 19, 2011 – 8 PM to 10 PM: DJ SKATE NIGHT

I wish we could...? We ought to have...? Why don't we...?
Are there things you wish you could be doing but don't know how to get started on your own? A dance, snowboard club, a skate park, yoga, learn how to sew or take a beading class, a way to change the world? Come to ACT and let's see what we can make happen. 94 Main isn't just about a place to hang around; we are also here to help teens create activities and things they want.
So....... Dream – ACT– Do

ACT WISH LIST: We are looking for donations of a hammer, screw-drivers, pliers, a socket set, duck tape, a digital camera and a sturdy coffee table.

AND we are always in need of chaperons for our daily drop-in hours or/and special events.

More info? Check our website at: www.addisonteens.com, call ACT at: 388-3910 or Co-Directors, Jutta Miska: jutta@addisonteens.com 989-8934 or Colby Benjamin: Colby.benjamin@hotmail.com 734-6755.