

Monday

Tuesday

Wednesday

Thursday

Friday



Lunch Alternatives
Monday, Wednesday, Friday
Sunbutter and Jelly

Breakfast
Two choices available daily
A variety of Baked Goods/ Egg Dishes
and Cereals.

1
Chicken Caesar Wrap
Sweet Potato Fries
Cucumber Spears
Fruit

4
Cheesy Breadsticks
Marinara Sauce
Buttery Green Beans
Roasted Chickpeas
Fruit

5
Scrambled Eggs
French Toast Sticks
Home Fried Potatoes
Spinach Salad
Fruit

6
Turkey Sandwich
Hummus & Veggie Wrap
Pepper Strips and Broccoli
w/ Bean Dip
Fruit

7
Orange Chicken or Tofu
Cabbage & Carrot Stir Fry
Brown Rice
Fruit

8
Chicken Parmesean
w/ Whole Wheat Noodles
Baked Sweet Potato
Peas
Fruit

11
Lasagna Roll-Up
Roasted Cauliflower
Sweet Green Peas
Fruit

12
Chicken n' Waffle
Baked Tofu n' Waffle
Mixed Green Salad
Baked Beans
Fruit

13
Beef & Cheese
or Bean & Cheese Burrito
Chili Roasted Carrots
Mexican Rice
Fruit

14
Cheesy Scalloped
Potatoes w/ Ham
Steamed Broccoli
Cornbread
Fruit

15
Pizza:
Cheese, Pepperoni or
Chef's Choice
Kale Caesar Salad
Fruit

18

19

20

21

22

**** **SPRING VACATION** ****

25
Chicken Fajita or
Cheese Quesadilla
Peppers & Onions
Corn
Fruit

26
Sloppy Joe on Roll
Roasted Veggie Sub
Roasted Green Beans
Chickpea Salad
Fruit

27
Ham and Cheese
Sandwich
Creamy Tomato Soup
Carrot Sticks
Sun Chips
Fruit

28
Roast Turkey
Whole Wheat Noodles
Steamed Broccoli
Roasted Sweet Potatoes
Dinner Roll
Fruit

29
Crispy Fish Sandwich
On a Whole Wheat Bun
Roasted Potato Wedges
Iceberg Salad with Bacon
Fruit