



Meals served with 3 or more items including a fruit or a vegetable are free for all students.

Milk without a meal \$0.60

Other Ala Carte items as marked.

School Chef

Dustin Simmons

dsimmons@acsdvt.org

Add funds to your students' account by visiting myschoolbucks.com

MAY 2022

2
Steak and Cheese Sub
Caramelized Onions
with Peppers
Green Bean Casserole
Roasted Potato
Wedges

3
Meaty or Veggie Lasagna
Snow Peas
Mixed Green Salad

4
Pizza
Cheese, Pepperoni
or
Chef Choice
Baby Kale Caesar
Salad

5
Taco Bar
Fish and Vegetarian
Mango Salsa
Citrus Slaw

6
Baked Potato Bar
w/ Chef Choice of
Toppings
Beef or Bean Chili
House Made Cornbread

9
Spaghetti and Beef or
Tofu Meatballs
Pesto or Marinara
Sweet Green Peas
Garlic Knots

10
Grilled Steak Tips
Buttery Mashed Potatoes
Roasted Asparagus
Biscuits

11
Tikka Masala
Chicken or Tempeh
Green Beans
Cucumber Salad

12
Hamburgers,
Cheeseburgers
or House Made
Black Bean Burger
Sweet Potato Fries
Mixed Green Salad

13
Pizza
Cheese, Pepperoni or
Chef Choice
Caesar Salad
Roasted Chickpeas

16
Nachos with
Chef Choice Toppings
Cheese Sauce
Sweet Potato Black
Bean Hash

17
Beef Stroganoff
Over
Whole Wheat Noodles
Buttered Green Beans

18
Grilled
Ham and Cheese,
Grilled Cheese or
Chef Choice
Sweet Potato Half
Tomato Soup

19
Beef or Tofu Meatball
Sub Roasted
Chickpeas
Broccoli

20
Stromboli
Cheese, Pepperoni or
Chef's Choice
Garlic Roasted
Cauliflower

23
Crispy Chicken Sandwich
or
Black Bean Burger
Sweet Potato Fries
Corn

24
Cabot Cheese and
Macaroni
W/ Ham or Plain
Roasted Broccoli

25
Chicken or Tofu
Stir-Fry
With Seasonal Vegetable
Selection
Sesame Noodles

26
Hand Rolled Burrito
Beef or Bean
Roasted Corn Salsa
Slow Cooked Black Beans
Southwestern Rice Pilaf

27
ALL SCHOOL COOKOUT
Hot Dogs & Hamburgers
House made Sauerkraut
Maple Baked Beans
Pasta Salad

30
Memorial Day

31
Lemon Parmesean
Pasta with Chicken
Roasted Broccoli

SALAD BAR!
Enjoy a variety of fresh fruits
and veggies included with any
school lunch

Grab & Go

Chicken Caesar Salad
Turkey or Ham & Cheese Wrap

DAILY SPECIAL SALADS, SANDWICHES AND SOUPS