

Monday
Tuesday
Wednesday
Thursday
Friday

Breakfast and Lunch is FREE for ALL CHILDREN ages 0-18.

Milk without a meal \$0.60

Adult breakfast: \$2.50 Adult lunch: \$4.00

1
 Chicken Tenders w/
 Dipping Sauce
 Cornbread
 Roasted Green Beans
 Fruit

2
 Ham and Cheese on a
 Whole Grain Roll
 Broccoli w/ Dip
 Fruit

3
 Pork Tenderloin
 Sweet Green Peas
 Dinner Roll
 Fruit

4
 Cheese Ravioli
 W/ Meat or Marinara Sauce
 Garlic Bread
 Spinach Salad

7
 Crispy BBQ Chicken Wrap
 w/ Lettuce and Tomato
 Roasted Potatoes
 Fruit

8
 Spaghetti and Meatballs
 w/ Marinara Sauce
 Mixed Green Salad
 Fruit

9
 Italian Sandwich
 Carrot Sticks
 Fruit

10
 Pizza Parlor
 Cheese or Pepperoni
 Caesar Salad
 Fruit

11
 Hamburger, Cheeseburger
 Or Veggie Burger
 On a Whole Wheat Bun
 Baked Potato Fries
 Fruit

14
 Chicken Parmesan
 Caesar Salad
 Fruit

15
 Turkey Sandwich
 Or
 Hummus and Veggie Wrap
 Veggie Sticks
 Frozen Fruit Pop

Breakfast Menu
 Monday - French Toast
 Tuesday- Scrambled Eggs, Whole Wheat
 Toast
 Wednesday - Pancakes
 Thursday-Fruit and Yogurt w/ Granola
 Friday - Egg Sandwiches

Lunch Alternative:
Monday, Wednesday & Friday
 Peanut Butter and Jelly

Tuesday & Thursday
 Grilled Cheese

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SUMMER MEALS SERVED DAILY June 21- August 13
Memorial Sports Center
FREE for all children through age 18, Drop-in's welcome

Weekly Meal Kits available beginning July 7
order forms available on school websites soon

This institution is an equal opportunity provider