School-Based Health Centers help children succeed in school and in life by keeping them healthy and ready to learn, optimizing academic achievement, and allowing all students to reach their full potential. It is a place where students can access quality healthcare at school. Within these centers, healthcare is available to many students who would not otherwise have easy access to care.

Our goal is to provide timely, friendly, convenient, and confidential access to high-quality acute and preventative healthcare services while keeping students in school, promoting lifelong healthy living and learning, and empowering students to ensure their healthcare needs are satisfied.

Mission and Vision

Health Care Services

A health care provider from Porter Pediatric Primary Care will be at MUHS one day per week for 3-4 hours on days when school is open beginning in December. These hours may change based on need. The hours of operation will be available on the MUHS website.

Our school nurses will continue to be available daily in the health office.

Services include:

- Assessment of and treatment for acute illnesses including ear infections, strep throat, influenza, rashes, etc.
- Concussion assessment and management
- Care coordination for chronic conditions such as asthma, diabetes, etc.
- Management of recurring health concerns such as headaches and stomachaches
- Management of musculoskeletal and sports injuries
- Laboratory testing (strep throat, mono, flu, urinalysis, pregnancy, sexually transmitted diseases)
- Sexual/Reproductive health services
- Wellness counseling on topics such as exercise, healthy eating, substance use, sexual health, mental health

Frequently Asked Questions

Can any student receive services in the SBHC? Yes, students who have a completed SBHC registration form on file can access the SBHC. This registration form is valid while your student is attending MUHS. A copy of this form can be found on the MUHS website or by calling the MUHS health office at 382-1190 or 382-1704. It is not necessary to be a patient at Porter Pediatric Primary Care to use these services.
Do all MUHS students have to receive services at the Center? No, it is voluntary.

How does a student make an appointment? Parents and students may schedule an appointment by contacting the school nurse at 382-1190 or 382-1704. Walk-ins may be seen if there is time in the schedule. Appointments can also be made by referral.

Can I attend my child's appointment? Yes, parents are welcome to attend appointments (please check in at the front office per standard protocol prior to coming to the visit). Students may also attend appointments on their own. Students 18 and over have the right to choose whether or not a parent may attend an appointment. Per Vermont law, students age 12 and over have the right to seek confidential care without parent permission for reproductive health, mental health, and substance abuse services.

Will information be shared with my child's regular health care provider? Yes, a summary of each visit will be sent to the student's primary care provider to ensure that ongoing care, if needed, can be coordinated.

Are the records confidential? Yes. High school students have a right to confidential (private) health care which is protected by the law. At the MUHS SBHC, confidentiality guidelines will be followed as done when visiting other medical offices.

What is the cost of a visit to the SBHC? Is insurance accepted? Costs will vary based on the services provided. Private insurance and Medicaid/Green Mountain Care are accepted. Sliding scale options are available for those without insurance. Please visit our website or call the MUHS Health Office for more details.

Will sports physicals be available? No, but students can receive help scheduling a sports physical appointment with their primary health care provider.

Can the SBHC replace visits to my regular health care provider? No, students should continue to see their regular doctors. The SBHC can provide additional services for health needs and is not meant to replace the medical home (your child's regular health provider), but is instead meant to increase access to health care.

For Appointments, Questions and More Information Contact:

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MUHS Lead School Nurse
(802) 382-1190
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MUHS Associate School Nurse
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“You CAN'T EDUCATE A CHILD WHO IS NOT HEALTHY AND YOU CAN'T KEEP A CHILD HEALTHY WHO IS NOT EDUCATED”

-- Jocelyn Elders
Pediatrician and Former Surgeon General of the United States

The MUHS School-Based Health Center is a partnership between Addison Central School District and UVMHN - Porter Pediatric Primary Care.